

MMAB ANNUAL YAOSHANG SPORTS MEET, 2013
FINAL NOTIFICATION(Please note there are some updates w.r.t. earlier notifications)

Date: Sunday, 17 March 2013

Venue: Vivas Badminton Academy, No.84/1, Gopal Reddy Complex, Behind Cessna Business Park, Kadabisna Halli, Panathur Main Road, Varthur Hobli, Marathahalli, Bangalore.

Time: 11 am to 1 pm

Events: Badminton

Date: Sunday, 24 March 2013

Venue: Country Club Lakeside, No.20/1-524, Anekal Taluk, Attibele Hobli, Geddannahalli, Bangalore (Last year's venue).

[Please click here for more details on venue](#)

Time: 7 am to 6.30 pm

Events include Table Tennis, Carrom, 50 m race, spoon race, Tug of war (Thouri chingnaba), Break the pot (Chaphu thugaibi), Musical chair, Treasure hunt race, Pot balancing race (Chaphu pubi), Couple relay race, 6 men Football (Sribas Singha Memorial Cup).

Rules & regulations/Information:

Football:

1. Each football team should have six(6) players with two(2) substitutes.
2. Each team should send in the players' names' list along with first name and surname of all eight(8) players, one player's contact number and email Id of each team (mandatory).
3. It is mandatory to wear football boots during the matches.
4. Matches will be played on knock out basis.
5. Timings are to be strictly maintained as we have just one day to conduct all the events.
6. Teams should arrive on time for the matches. Otherwise, walk over will be awarded to the opponent team.
7. The teams should maintain uniform jerseys & shorts.
8. The trophy will be running and carry a cash prize.

Table tennis, badminton, carrom and football:

1. Last date of submission of entries: 10 March 2013.
2. Players should send their entries to mmabangalore@yahoo.com along with their first name and surname, contact number and email Id (of at least one player in case of doubles and team) with the subject in the below format.
For football: Yaoshang Sports 2013 – Football entry
For badminton: Yaoshang Sports 2013 – Badminton entry
For table tennis: Yaoshang Sports 2013 – Table tennis entry
For carrom: Yaoshang Sports 2013 – Carrom entry
3. The fixtures for the matches will be communicated to you before 15 March 2013.

General:

1. It is mandatory for all the guests to avail of the arranged lunch service by buying the lunch coupons @ **Rs.300 per head for 10 years old and above guests and Rs.150 per head for 5 to 10 years old guests(Free for below 5 years)**. Please make sure you have your lunch coupons in hand or confirm to your near MMAB executive member well in advance prior to the Sports meet (Sun, 24 March, 13).
2. Veg and non veg buffet lunch will be served between 12 pm and 2 pm.
3. High tea with snacks at around 4.30 pm is also included in the food menu.
4. The facilities that will be available to the guests apart from the scheduled events include swimming pool, children's play area, snooker, parking lot, etc.
5. A separate room will be available exclusively for women and children.
6. Water and refreshment will be provided by MMAB at the venue.
7. If you do not know any MMAB executive member nor a MMAB member, please contact Jenial Thiyam (9845434435) / Arun Yambem (9886605739) / Vivek Ningthemcha (9886733647) / Dinesh Wangkhem ([9886866672](tel:9886866672)) / Premjit Laishangbam ([9986767526](tel:9986767526)) / Ibomcha Oinam ([9986535558](tel:9986535558)) / Armstrong Hidam (9945241064) for obtaining your lunch coupons.
8. On contrary to earlier communication/notification, there will NOT be any event on Saturday, 23 March, 2013.
9. This full day outing cum sports day is open to all, not limited to MMAB members.
10. Come in your sports shoes and outfit and bring your swimming costumes to beat the heat.

Place: Bangalore

Date: 24/02/2013

Sd/-

Vivek Ningthemcha

For Publicity & Comm., MMAB